

What do chooks like to eat?



- Chicken feed (a mixture of grains and pellets) should make up the majority of the chooks daily diet. It contains balanced levels of proteins, energy, vitamins and mineral, including calcium.
- Chooks like to eat all sorts of leftovers, especially leafy greens, vegetables and fruit. These **must be fresh**. If chooks eat spoiled food they will get food poisoning just like people do.
- Hard foods such as carrot are best grated or lightly cooked.
- Special foods that are good for chooks include lettuce, Silverbeet, chopped hard boiled eggs and mashed potato, especially if it has garlic in it! Quick oats mixed with egg, yoghurt, garlic and honey is also a big treat!!
- **Please do not feed the chooks meat, cheese, bread, citrus fruit, raw onion, or raw potato peelings.**
- New foods should be introduced gradually, as sudden changes in food may make the chooks ill.
- Natural yoghurt is recommended for chooks once a week to keep their insides healthy.
- Leaving a crushed garlic clove in the chooks water for 4-5 days each month can also help keep them healthy.
- Food and water must be kept inside the chook run to prevent wild birds accessing it.